

TECHNOLOGY

- Role
- Resources



ROLE OF TECHNOLOGY

For Students

Technology offers ways for students to monitor their own learning and become self-directed learners. The variety of multimedia resources will enhance opportunities for students to research, analyze, and communicate within the discipline and within real-life contexts. For example, technology provides students with opportunities for personal health skills analysis and fitness assessment through the use of video technologies and electronic monitoring. Students can use technology to record food choices over a period of time, measure nutrient intake, maintain a fitness profile, evaluate an individual's physical stages, monitor physical performance, and develop personal exercise programs. They can use the World Wide Web to access and research information on various health-and-fitness topics and issues.

For Staff

The H/PE staff recognizes that, while textbooks are valuable tools in the teaching and learning process, they are not curriculums within themselves. Other supplementary resources are needed to enrich the content for students, in addition to creative lesson delivery models that engage students as active learners. The World Wide Web can provide teachers with literally thousands of resources for the planning and execution of meaningful lessons. In the writing of this curriculum, our health and physical education teachers "pooled their favorite web sites" for easy access by all H/PE staff.

Our Favorites!

www.educationworld.com

www.everydaylearning.com/health.html

www.pecentral.org

www.sporttime.com/pe-talk

wchelp@hotmail.com

www.thriveonline.com

www.kidshealth.org

www.pec.vt.edu

www.ed.gov

www.crazykickball.com

<http://helping.apa.org/warningsigns/index.html>

<http://helping.apa.org>

www.choate.edu/coursedescriptions/html

www.americanheart.org

www.kidshealth.org/

www.mayohealth.org/

http://kidshealth.org/kid/health_problems

<http://kidshealth.org/teen/safety/help/addictions>

www.nche.org/ghfinalpg/ghfaq.html

www.thegreatbodyshop.com

www.aahperd.org.naspe

www.al-anon-alateen.org

<http://awpo-xdv-www.epo.cdc.gov>

<http://pe.central.vt.edu/>

www.healthteacher.com

www.cdc.gov/nccdphp/dash/

www.pbs.org/teachersource/health.htm

www.toucaned.com

www.everydaylearning.com/tah/

www.sportime.com/pe

www.noah-health.org/english/qksearch.html

www.bennygoodsport.com

www.centropeso.com

www.health.org/

<http://ericir.syr.edu/Virtual/Lessons>

<http://ericir.syr.edu>

www.ericsp.org/healthpe/index.html

www.education-world.com/

www.classroom.net

www.capecod.net/schrockguide/

www.gsn.org/index.html

www.cyberbee.com

<http://mustang.coled.umn.edu/>

www.ala.org/1CONN/kidsconn.html

www.siec.k12.in.us/west

www.kn.pacbell.com/wired/bluewebn

www.creativeteachingsite.com/

www.randomhouse.com/teachers/

www.harperchildrens.com/schoolhouse/

www.toothfairy.org

www.smiledoc.com

www.healthfinder.gov

www.colgate.com

<http://tajunior.advanced.org/5029/>

www.kidsfood.org/

www.dole5aday.com/

<http://directcon.net/spring4/>

www.gti.net/mocolib1/kid/food/html

<http://navigator.tufts.edu/kids.html>

www.ag.uiucc.edu/~food-lab/nat/

www.yucky.com/

www.mcrel.org/resources/links/health.asp

www.eatsmart.org

www.dairycouncil.org

www.beakman.com/

www.brainpop.com/

www.cfchildren.org/

www.pbs.org.teachersource/health.htm

www.cdc.gov/

www.americanheart.org/

www.lungusa.org

www.cancer.org/

www.geocities.com/~newteach/

www.adprima.com/

www.ocps.k12.fl.us/framework/hl/guide/middle/03.htm

www.fno.org

www.rmcdenver.com/useguide/index.html

<http://home.il.net/mjameson/>

www.youfirst.com

http://health.yahoo.com/health/hra_1c2.html

www.northwestmutual.com/games/longevity/

www.siu.edu/departments/bushea/

www.siu.edu.departments/bushea/

<http://www.achoo.com>

<http://ipl.sils.umich.edu/>

www.microsoft.com/education/schools/default.htm

From R. Soulis:

www.talkingwithkids.org

www.drughelp.org

www.eating-disorders.com

www.drugwatch.org

<http://www.familyeducation.com>

www.health.org

Surveys that determines risk behavior:

www.cdc/nccphp/dash/yrbs/indes.htm

<http://www.cdc.gov/nccdphp/dash/yrbs/2001survey.htm>

Supplementary lesson planning sources from R. Soulis:

www.teachervision.com (enter lesson plans, drug prevention)